



CAMP AROWHON

Staff Packing List

This is a list of what to bring to camp for the summer based on the daily needs and experienced input of Arowhon staff! While there are required items (marked with an asterisk), there are other items you can adjust for at your own discretion.

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|--------------------------------------|--|
| 3 thick warm blankets or 1 comforter | 2 sun hats |
| 4 sheets (2 sets) | 2 pair sneakers |
| 4 large towels | 1 pair flip-flops/shower shoes |
| 1 pillow | 1 pair rain boots or old shoes |
| 2 pillowcases | 1 tennis racket |
| 1 bathrobe | *1 raincoat and 1 pair of rain pants (not K-WAY or a windbreaker) |
| 2 pair pajamas | *1 reusable water bottle |
| 12 pair socks | *1 sleeping bag with stuff sack |
| 10 pair underwear | *1 life jacket |
| 6 shirts or t-shirts | 1 nicer outfit (for camp banquets and days off) |
| 4 pair shorts | 1 pair of old clothes that can get <u>dirty!</u> |
| 4 sweat shirts or warm sweaters | |
| 3 pair jeans or sweats | |
| 3 bathing suits | |

TOILETRIES & EXTRAS

- | | | |
|---|--|--|
| toothbrush | flashlight/batteries | music/ipod/cd player |
| toothpaste | sunscreen SPF 30 | combination lock for counselors |
| brush/comb | SPF lipbaum | camera |
| biodegradable shampoo and conditioner | sunglasses | **clipboard – required for head instructors and section heads |
| biodegradable soap | games | paper/pens |
| deodorant | baseball mitt | stamps/envelopes |
| shaving supplies | books (for you or your campers) | medications |
| face cloth | backpack (for days off) | immigration papers |
| insect repellent | battery operated alarm clock (power goes out sometimes) | |
| *wristwatch – required for all staff | | |

Note to all Counsellors: Your job includes going out on the water with campers in canoes and sailboats, and on a canoe trip, so the gear marked * is required!