

Camp Arrowhon Packing List



CLOTHING AND FOOTWEAR

- 12 pairs underwear
- 12 pairs socks (2 pairs should be wool)
- 3 pairs pajamas
- 4 pairs sweatpants or jeans
- 6 pairs shorts
- 5 sweatshirt or warm sweaters
- 8 shirts or t-shirts
- 2 plain white t-shirts (for tie dying)
- 1 warm jacket (fleece is good)
- 4 bathing suits
- 1 pair sandals or water shoes (Campers aren't allowed to wear flip flops at active activities)
- 3 pairs sneakers
- 2 sun hats
- *1 raincoat w/hood or rain hat (NOT K- WAY or windbreaker)
- *1 pair rain pants
- *1 pair rain boots

TOILETRIES

(PREFERABLY BIODEGRADABLE)

- 2 toothbrushes
- 1 toothpaste
- 1 shampoo and conditioner
- 1 soap or bodywash
- 1 hairbrush or comb
- 1 sunscreen SPF 30+
- 1 deodorant
- 1 lip balm with SPF
- 1 insect repellent
- 1 nail clippers
- 1 tube benadryl cream (for itchy bug bites)
- Extra pair of prescription glasses and/or contact lenses

EQUIPMENT

- lifejacket (snug fitting and comfy)
- reusable water bottle
- flashlight and spare batteries
- sunglasses
- waterproof dry bag (30-35 litres) for canoe trip
- lightweight compact Thermarest (or other) sleeping pad for canoe trip
- certified horseback riding helmet
- boots or shoes with a heel for horseback riding

LINENS

- 3 pillowcases
- 1 pillow
- 3 thick blankets or 1 comforter or duvet
- 4 sheets (2 flat, 2 fitted, single bed size)
- 4 large towels
- 1 compact sleeping bag with stuff sack (sleeping bag required for all campers – even two-weekers)

OPTIONAL

- camera
- mp3 player that meets camp's electronics guidelines
- books (or e-reader) and non-electronic games
- swim goggles
- wetsuit (if your kid gets cold easily)
- riding safety vest (for high level riders)
- tennis racket and balls (for tennis enthusiasts)
- bathrobe

* Good waterproof rainwear is important at camp because we play outside in the rain.